1  
00:00:01,080 --> 00:00:04,120  
看这个方子里边的药材里边有啥想法  
  
2  
00:00:06,050 --> 00:00:07,370  
交给老师吧  
  
3  
00:00:07,530 --> 00:00:10,890  
没啥想法的话，小青龙里边有一位芍药  
  
4  
00:00:11,610 --> 00:00:12,890  
是不是有一个有位芍药  
  
5  
00:00:13,390 --> 00:00:14,350  
呃，古人呢  
  
6  
00:00:14,390 --> 00:00:15,030  
只是呃  
  
7  
00:00:15,190 --> 00:00:19,070  
写方子那个仲景先生只写了个芍药用赤芍用白芍  
  
8  
00:00:19,750 --> 00:00:20,870  
该用什么芍药  
  
9  
00:00:23,860 --> 00:00:24,780  
有什么区别  
  
10  
00:00:26,620 --> 00:00:30,260  
为什么说现在争论的这个赤芍啊，有白芍  
  
11  
00:00:30,860 --> 00:00:32,420  
国内两大顶级专家  
  
12  
00:00:32,659 --> 00:00:39,430  
两大派系的说法就是赤芍野生的白芍种植的赤芍是  
  
13  
00:00:39,900 --> 00:00:40,100  
呃  
  
14  
00:00:40,100 --> 00:00:43,300  
没加工过的，白芍是加工过的哪个队  
  
15  
00:00:43,820 --> 00:00:46,500  
这国内两大派系争论了好多好多年  
  
16  
00:00:46,860 --> 00:00:47,940  
大家觉得哪个对  
  
17  
00:00:51,180 --> 00:00:54,060  
听说其实说法呢  
  
18  
00:00:54,340 --> 00:00:56,100  
两种说法都有道理  
  
19  
00:00:56,500 --> 00:00:58,620  
加工的确实是白芍  
  
20  
00:00:59,020 --> 00:01:00,500  
野生的确实是赤芍  
  
21  
00:01:00,540 --> 00:01:03,620  
听好了我说这两点，这两种说法都对  
  
22  
00:01:04,099 --> 00:01:05,820  
野生的种，呃  
  
23  
00:01:06,220 --> 00:01:10,460  
野生的出来之后，采挖出来之后颜色确实是赤色的  
  
24  
00:01:11,170 --> 00:01:14,930  
但是野生的赤芍经过加工之后  
  
25  
00:01:15,610 --> 00:01:16,610  
野生的赤芍啊  
  
26  
00:01:16,610 --> 00:01:19,170  
加工完之后不白  
  
27  
00:01:20,380 --> 00:01:23,140  
听得懂，记一下野生的加固完不白  
  
28  
00:01:23,740 --> 00:01:28,230  
种植的芍药出来之后，由于是种植的哈  
  
29  
00:01:28,230 --> 00:01:31,750  
集中管理，农药化肥各种东西去人工去去去照看  
  
30  
00:01:32,070 --> 00:01:34,830  
然后采挖出来颜色是赤色的  
  
31  
00:01:35,030 --> 00:01:36,510  
年头久种的稍微久一点  
  
32  
00:01:36,510 --> 00:01:38,190  
3年半左右是赤色的  
  
33  
00:01:38,520 --> 00:01:42,040  
但是一加工完之后是白色的，外衣穿不上  
  
34  
00:01:42,650 --> 00:01:43,690  
这就出现一个问题  
  
35  
00:01:43,690 --> 00:01:44,250  
就是说  
  
36  
00:01:44,590 --> 00:01:48,110  
呃为什么说种植和野生的这个这  
  
37  
00:01:48,110 --> 00:01:51,830  
这个这个事情出现之后出现的这个白芍和赤芍之争  
  
38  
00:01:52,140 --> 00:01:54,660  
很多人不清楚野生状态是什么样  
  
39  
00:01:54,660 --> 00:01:55,940  
野生加工完是什么样  
  
40  
00:01:56,220 --> 00:01:57,540  
然后种植完是什么样  
  
41  
00:01:57,540 --> 00:01:58,740  
种植加工完是什么样  
  
42  
00:01:59,030 --> 00:02:00,870  
然后大家再再争论这个  
  
43  
00:02:00,950 --> 00:02:03,610  
这次就给大家去澄清这个问题，呃  
  
44  
00:02:03,730 --> 00:02:05,210  
然后再说一下白芍  
  
45  
00:02:05,370 --> 00:02:07,650  
赤芍的这个呃味道  
  
46  
00:02:07,730 --> 00:02:09,289  
书上记载哈，是味酸  
  
47  
00:02:10,389 --> 00:02:11,590  
这个争论了好久  
  
48  
00:02:11,950 --> 00:02:13,790  
大学好多教授也争论的  
  
49  
00:02:14,220 --> 00:02:15,580  
争争论的一塌糊涂啊  
  
50  
00:02:15,580 --> 00:02:18,940  
就是说这个胃赤芍酸是如何是酸的  
  
51  
00:02:18,940 --> 00:02:21,060  
123456就讲出来好多道理  
  
52  
00:02:21,390 --> 00:02:22,710  
然后怎么怎么去往上贴  
  
53  
00:02:23,160 --> 00:02:24,800  
其实这个酸味的来源  
  
54  
00:02:25,160 --> 00:02:26,840  
因为我师傅也是这么讲给我的  
  
55  
00:02:26,840 --> 00:02:31,520  
酸味的来源来源于硫磺熏蒸残留导致它的酸  
  
56  
00:02:31,680 --> 00:02:33,920  
并且这个芍药经过熏蒸之后  
  
57  
00:02:33,920 --> 00:02:35,880  
这个酸味是加强的加倍的  
  
58  
00:02:36,280 --> 00:02:37,980  
呃，茯苓也是经过熏蒸  
  
59  
00:02:37,980 --> 00:02:39,860  
熏蒸完之后呢，有酸味能闻到  
  
60  
00:02:39,860 --> 00:02:42,020  
但是不至于像芍药这么酸  
  
61  
00:02:42,460 --> 00:02:45,180  
真正的芍药入口是必填的  
  
62  
00:02:45,980 --> 00:02:47,140  
入口是必填的  
  
63  
00:02:47,140 --> 00:02:48,820  
让人整个身体去舒缓  
  
64  
00:02:49,190 --> 00:02:53,150  
瞬间上来苦味，这个苦味上来这个苦劲是非常强烈的  
  
65  
00:02:53,190 --> 00:02:54,710  
但这个苦苦劲的强烈  
  
66  
00:02:55,110 --> 00:02:55,310  
呃  
  
67  
00:02:55,430 --> 00:02:58,140  
远远逊色于呃，黄连呐  
  
68  
00:02:58,140 --> 00:03:02,020  
黄芪黄柏这些苦药就是上来一个苦劲，很很很迅速  
  
69  
00:03:02,300 --> 00:03:03,380  
这是真正的少有  
  
70  
00:03:03,420 --> 00:03:04,500  
你到药房去尝  
  
71  
00:03:04,870 --> 00:03:06,630  
基本上芍药入口都是酸的  
  
72  
00:03:06,990 --> 00:03:08,470  
这个酸都是来源于硫磺  
  
73  
00:03:09,660 --> 00:03:11,460  
然后很多老师都不信啊  
  
74  
00:03:11,460 --> 00:03:15,700  
就是这个东西肯定采收出来是采收出来也应该带酸味  
  
75  
00:03:15,700 --> 00:03:18,720  
然后就我带到植物园里去现场去刨，呃看看  
  
76  
00:03:18,920 --> 00:03:19,560  
秋天的话  
  
77  
00:03:19,920 --> 00:03:22,560  
下节课如果有机会可能下周周三应该能  
  
78  
00:03:22,560 --> 00:03:24,560  
可能的话大家到植物园去  
  
79  
00:03:24,560 --> 00:03:25,720  
我给大家去现场刨  
  
80  
00:03:25,760 --> 00:03:28,060  
刨完现场来尝，绝对是不酸的  
  
81  
00:03:28,260 --> 00:03:32,490  
并且是踩着丸子外皮略带呃这个赤色的  
  
82  
00:03:32,850 --> 00:03:35,410  
然后稍微一加工一洗它就变白了  
  
83  
00:03:37,090 --> 00:03:39,970  
这个这这10分钟我就可能涉及这么一个知识点  
  
84  
00:03:40,210 --> 00:03:41,730  
包括半夏，半夏的话  
  
85  
00:03:41,850 --> 00:03:43,570  
有机会的话咱们去给它剖析  
  
86  
00:03:43,570 --> 00:03:47,740  
开旱半夏、水半夏、姜半夏、法半夏、生半夏，各种各种半夏  
  
87  
00:03:47,740 --> 00:03:50,030  
还有是虎掌南星，怎么个来源  
  
88  
00:03:50,150 --> 00:03:51,990  
市场上为什么会有这么多品种  
  
89  
00:03:52,350 --> 00:03:54,270  
说来一说，大家都晕了  
  
90  
00:03:54,390 --> 00:03:56,470  
一讲讲清楚，大家都清楚了  
  
91  
00:03:56,470 --> 00:03:57,990  
其实很简单一个问题  
  
92  
00:03:58,030 --> 00:04:00,520  
让市场给大家弄乱了商品  
  
93  
00:04:00,520 --> 00:04:02,080  
你去药房去抓，你要旱半夏  
  
94  
00:04:02,080 --> 00:04:03,800  
要水半夏，什么叫旱半夏  
  
95  
00:04:03,800 --> 00:04:04,560  
什么叫水半夏  
  
96  
00:04:04,560 --> 00:04:05,760  
药房药师都说不清楚  
  
97  
00:04:05,760 --> 00:04:08,380  
两个东西不是在旱地长的就叫旱半夏  
  
98  
00:04:08,380 --> 00:04:09,660  
在水滴长的叫水半夏  
  
99  
00:04:10,220 --> 00:04:11,140  
这是忽悠人的  
  
100  
00:04:11,140 --> 00:04:14,130  
包括各种炮制的半夏，为什么去炮制它  
  
101  
00:04:14,210 --> 00:04:16,290  
那最最有意思的是买瓜子  
  
102  
00:04:16,690 --> 00:04:19,730  
买瓜子儿的话，我说有好的五香瓜子吗  
  
103  
00:04:20,160 --> 00:04:22,960  
那个卖瓜子的说这个好瓜子还卖不过来  
  
104  
00:04:22,960 --> 00:04:26,240  
那我没法给你再把这好瓜子就炒成五香的浪费  
  
105  
00:04:26,240 --> 00:04:29,730  
那个第二变工，我就就卖这好瓜子就行了啊  
  
106  
00:04:29,770 --> 00:04:31,570  
所以说就出现了炮制品的问题  
  
107  
00:04:31,650 --> 00:04:33,310  
等于呃，时间充足  
  
108  
00:04:33,310 --> 00:04:34,950  
给大家一节课安排来讲  
  
109  
00:04:35,310 --> 00:04:37,310  
这个半夏可以能讲到一个半小时  
  
110  
00:04:37,630 --> 00:04:39,870  
把这半夏彻底剖析清楚啊  
  
111  
00:04:40,540 --> 00:04:42,340  
抓紧机会有什么不会的  
  
112  
00:04:42,340 --> 00:04:43,940  
这一堂课的本草行  
  
113  
00:04:44,100 --> 00:04:45,460  
这10分钟时间不多啊  
  
114  
00:04:45,460 --> 00:04:50,010  
大家提出来想法，包括学习本草的思维  
  
115  
00:04:50,010 --> 00:04:51,890  
我这村没这店，哈哈哈  
  
116  
00:04:52,700 --> 00:04:54,020  
包括学习本草的思维  
  
117  
00:04:54,020 --> 00:04:55,220  
其实学必须要问  
  
118  
00:04:55,260 --> 00:04:57,660  
没有问的话你就听老师得不得得不得讲  
  
119  
00:04:57,660 --> 00:04:59,740  
讲完之后你也不知道有没有用  
  
120  
00:04:59,820 --> 00:05:02,430  
回去你背完之后你也没有疑问  
  
121  
00:05:02,430 --> 00:05:04,790  
最后就可能扔在扔，扔在那里了  
  
122  
00:05:06,350 --> 00:05:08,670  
我替他们问，讲讲梅毒吧  
  
123  
00:05:09,100 --> 00:05:09,780  
麦冬的话  
  
124  
00:05:09,980 --> 00:05:12,500  
咱就讲这个麦冬，讲一个门字  
  
125  
00:05:12,540 --> 00:05:13,500  
很多人不懂啊  
  
126  
00:05:13,500 --> 00:05:14,380  
就是个麦门冬  
  
127  
00:05:14,540 --> 00:05:16,180  
天门冬就加个门字干嘛  
  
128  
00:05:16,180 --> 00:05:17,380  
你还得多写那几笔  
  
129  
00:05:17,720 --> 00:05:18,920  
这个门在古代呢  
  
130  
00:05:19,160 --> 00:05:22,040  
当做粮食，讲这个麦门冬  
  
131  
00:05:22,120 --> 00:05:22,680  
天门冬  
  
132  
00:05:22,720 --> 00:05:25,440  
在饥饿时期，又像本救荒本草里边哈  
  
133  
00:05:25,660 --> 00:05:28,020  
这东西是可以当作粮食来使用的  
  
134  
00:05:28,180 --> 00:05:30,920  
这个门讲的就是粮食后后代呢  
  
135  
00:05:30,920 --> 00:05:33,760  
这个给它演化完之后，为了节省这个字  
  
136  
00:05:34,000 --> 00:05:35,920  
所以就写成麦冬天冬  
  
137  
00:05:36,150 --> 00:05:36,950  
这个麦冬呢  
  
138  
00:05:37,190 --> 00:05:40,280  
主产于浙江一带，浙麦冬质量是最好的  
  
139  
00:05:40,600 --> 00:05:43,040  
然后福建地区呢，也大量的种植  
  
140  
00:05:43,080 --> 00:05:45,040  
现在麦冬出现一个最大的一个问题  
  
141  
00:05:45,480 --> 00:05:48,250  
谁去买东西都图大个儿大的  
  
142  
00:05:48,640 --> 00:05:50,240  
漂亮的，干净的  
  
143  
00:05:50,560 --> 00:05:50,760  
诶  
  
144  
00:05:50,760 --> 00:05:53,680  
这个东西好，但是种植的农户  
  
145  
00:05:53,760 --> 00:05:57,690  
咱现在所有种植的药材不是呃专家机构说了算  
  
146  
00:05:57,690 --> 00:05:58,890  
而是农民说了算  
  
147  
00:05:59,090 --> 00:06:02,610  
农民按照你的需求对这麦冬进行改良  
  
148  
00:06:02,990 --> 00:06:04,990  
各种膨大剂以上自然就大了  
  
149  
00:06:05,270 --> 00:06:09,840  
野生的麦冬又细又丑，又小又干瘪  
  
150  
00:06:10,040 --> 00:06:12,760  
晒完之后基本上就是一层皮，儿就种植  
  
151  
00:06:12,920 --> 00:06:17,240  
就是采收期在秋冬季节的时候采出来它是饱满的  
  
152  
00:06:17,320 --> 00:06:18,080  
相对饱满  
  
153  
00:06:18,400 --> 00:06:22,780  
如果采收期在秋冬之前一点点采收完干燥就是个皮  
  
154  
00:06:23,250 --> 00:06:27,570  
所以说大家抓到的脉动看到稍微那种沧桑一点的  
  
155  
00:06:27,610 --> 00:06:30,760  
基本上就是呃，可能掺一些野麦冬  
  
156  
00:06:30,760 --> 00:06:32,480  
但量很少也麦冬卖不上价  
  
157  
00:06:32,920 --> 00:06:34,440  
但是药效确实是很好的  
  
158  
00:06:34,720 --> 00:06:37,400  
为什么麦冬叫寸冬，长一寸  
  
159  
00:06:37,840 --> 00:06:38,040  
哎  
  
160  
00:06:38,160 --> 00:06:40,440  
寸冬就决定了麦冬的真伪品  
  
161  
00:06:40,800 --> 00:06:43,800  
现在市场上大量的麦冬叫短亭山麦冬  
  
162  
00:06:44,880 --> 00:06:49,490  
湖北地区产的这种短亭山麦冬作为麦冬的混乱品  
  
163  
00:06:49,650 --> 00:06:50,370  
混乱到里边  
  
164  
00:06:50,410 --> 00:06:52,290  
有机会拿着样品跟大家来讲  
  
165  
00:06:52,610 --> 00:06:54,330  
讲多大家没没有这个概念  
  
166  
00:06:54,540 --> 00:06:56,980  
然后越讲越糊涂，拿着卖样品  
  
167  
00:06:57,020 --> 00:06:59,380  
什么是麦冬，什么叫山麦冬  
  
168  
00:06:59,420 --> 00:07:03,130  
这种短亭山麦冬的特点其实就是一个寸冬就解决了  
  
169  
00:07:03,290 --> 00:07:04,490  
寸就长那么大  
  
170  
00:07:04,570 --> 00:07:05,890  
长长了就有问题了  
  
171  
00:07:05,970 --> 00:07:08,250  
不是东西越大越好，越好看越好  
  
172  
00:07:08,450 --> 00:07:09,130  
越白越好  
  
173  
00:07:09,130 --> 00:07:11,570  
有些东西反而越沧桑越好  
  
174  
00:07:12,760 --> 00:07:14,080  
因为它有历史痕迹  
  
175  
00:07:14,080 --> 00:07:15,760  
他有这种这长出来  
  
176  
00:07:15,760 --> 00:07:18,840  
这些年年头，历史存在到他的上身上的痕迹  
  
177  
00:07:19,100 --> 00:07:19,940  
你给它施肥  
  
178  
00:07:20,180 --> 00:07:21,660  
你想让它长多大长多大  
  
179  
00:07:21,660 --> 00:07:23,740  
最后长到过大的时候它就长在地里了  
  
180  
00:07:24,020 --> 00:07:27,200  
所谓的人参彭大剂葬在地里了，这个道理  
  
181  
00:07:28,920 --> 00:07:31,120  
哈哈行  
  
182  
00:07:31,440 --> 00:07:33,160  
10分钟了，不耽误女生啊  
  
183  
00:07:33,320 --> 00:07:34,920  
感谢感谢，哎呀  
  
184  
00:07:34,960 --> 00:07:36,720  
多给我们返返场啊